



The Shield

The Official Publication of the Dallas Police Association
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President's Message



We Are The Believers

By Michael Mata

You know the saying, "bad things happen to good people"? It has never been truer than what happened on April 24th. A bad thing happened which affected a lot of good people. I hear all the time from my mother, "put your faith in God's hands, everything he does has a purpose". It takes all the faith I can muster to believe it was God's will, that so many beautiful people's lives would be forever changed.

We look at the everyday mundane call and see it as another waste of 45 mins of our lives. We deal with people who for whatever reason choose to be more of a burden on society rather than look at life's choices as opportunities to make so much out of their time on this earth. Repeatedly we see the same people although with different faces, who choose to destroy life rather than embrace it. Is it because they have found no purpose or is it they just have lost their way?

Well on that day, on that afternoon, you had a clash of these two polar opposites. You had 3 men and 1 woman who knew their purpose. You had 4 people that knew their way. You had 4 people that cared more about others in this world than they cared about themselves. These people had so much more in common than what separated them. But the most significant characteristic that Rogelio, Chad, Scott and Crystal all shared is that they were all heroes and loved by so many. I want to thank all those who did such an amazing job responding to aid our heroes, not just the patrol officers but also the detectives the special operations and the communications personnel.

This is a prime example of once again in our most trying times the rank and file of this department shines and exemplifies what is best in every officer and every human that wears the blue uniform. The dedication and in the end, restraint shown when arresting this poor excuse for a human being was unparalleled and displayed to the city, state and country that we, the officers of the Dallas Police Department believe in the criminal justice system and in the end will do the right thing. There were those who were waiting for the responding officers to give into

the desire for revenge and give those small but loud populations of this country a reason to hate us, a reason to doubt our dedication to service but what they really got in the end was the pillar of police professionalism.

As time moves on and the days come let us never forget the families that have lost so much. Let's forever embrace them into our family of blue and remind them everyday why their loved one chose this department and was loved by so many. We must honor the sacrifice that was made by Rogelio, Crystal and Scott. We do this by continuing to go out everyday regardless of the negatives and provide what we as public servants have sworn to do. It is us, the police officer that do the job that few want to do, it is us that answers the calls that not many will take, and it is us that will forever remember those who have given it all.

We are the believers in the Thin Blue Line!

Stay safe and always be ready.

Michael Mata

President

Dallas Police Association

UPCOMING DPA MEETINGS

Board Meetings

June 12, 2018 - 11:00 a.m.

August 14, 2018 - 11:00 a.m.

General Meeting

July 10, 2018 - 11:00 a.m.

All members are encouraged to attend any of the scheduled meetings.

Lunch is always served!

Extra Dues Schedule

April 2018 - Half Month

Steve Brown #8071

May 2018 - Half Month

Tammy Huel #6487

June 2018 - Full Month

Rogelio Santander, Jr. #10934



May 2, 2018

Members,

It has always been the mission of the Dallas Police Association to provide its membership with the best representation, not only at the local and state level, but nationally.

We all know that because of unfortunate negative attacks by small, but vocal groups of this great nation, it has led to a false and deplorable narrative that there is continuous conflict between law enforcement and the public we have sworn to protect. Although we work hard every day on the streets of Dallas to discount that perception, we are sometimes faced with events that happen in other parts of the country that we cannot control.

As policing professionals, we need to band together not just in the city of Dallas and the state of Texas, but even more so nationally to counter this false narrative that police officers are the enemy.

Also, we need to come together politically to stop the attacks on our defined benefit pensions. We need strong political power to increase the ability to get the attention of any state-elected official who chooses to go against first responders and fails to live up to the promises that were made to all of us when we became public servants.

We at the DPA have been trying for years to reach these goals by aligning ourselves with a national voice that can help us, our sister cities and their first responders.

It is my honor to announce the Dallas Police Association has been awarded a Fraternal Order of Police Lodge #716 by the state and national governing bodies. On Saturday, April 28th at approximately 11:00 AM CST, myself, members of the executive board and other DPA-elected officers were sworn into our new charter by State National Trustee Frank Plowick. A second formal swearing in of all other DPA-elected officers will be done at our next board meeting on May 8, 2018.

The Dallas Police Association will continue to operate as normal by providing you with the best representation both administratively and legally, at the local and state level and now nationally with the powerful voice of the FOP.

As always, the E-Board and I are happy to answer any questions should you have them.

Thank you,

Michael Mata
President
Dallas Police Association



Our Deepest Sympathy
to the family of
Police Officer
Rogelio Santander, Jr.,
who lost his life in the
line of duty
Wednesday,
April 25, 2018.

He was assigned to the
Northeast Patrol
Division.

Officer Santander was
27 years old and served
the city for 3 years.





DALLAS MEMORIAL MARCH

The centerpiece of the two-day event that begins at 12 pm on Sunday and culminating 3:00 pm on Monday in observation of the National Moment of Remembrance. The March is the symbol of how Carry The Load started, represents carrying the fallen heroes we honor, and we welcome you to join whether for 20 hours or 20 minutes. View the Site Map and the Route Map.

THE EVENT BEGINS

Sunday, May 27, 12 pm
 Reverchon Park
 3505 Maple Ave Dallas TX 75219

THE EVENT ENDS

Monday, May 28, 3:30 pm
 Reverchon Park
 3505 Maple Ave Dallas TX 75219
 The Two-Day Rally

Reverchon Park in Dallas hosts the two-day event featuring music, inspirational speeches, stories of fallen heroes, flag ceremonies and more. No registration or payment is required to attend — we simply ask you to respect those who have given everything to protect and serve us all. View Parking Information for the event.

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Reverchon Park in Dallas hosts the two-day event featuring music, inspirational speeches, stories of fallen heroes, flag ceremonies and more. No registration or payment is required to attend — we simply ask you to respect those who have given everything to protect and serve us all. View Parking Information for the event.

CAMPING

Pitching a tent is a great way to bond with friends and family, while meeting kindred spirits from the community — all while enjoying the full two days of festivities.

VIP VILLAGE / TAILGATING

Teams that raise \$5000 or more on their team page before May 21st will earn a spot in the VIP Village.

For more information, please visit www.carrytheload.org

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www.carrytheload.org/ato

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Cops' Cop



February Johann Ortega

Senior Corporal Johan Ortega started his career in 1994 as a PSO at the Southeast Patrol Station. He later went on to fulfill his dream and become a Police Officer in 2003. Since he has become a police officer he worked at Southeast Patrol and then went on to becoming a detective and currently works in the Fusion Unit assisting officers and detectives. While in the fusion unit he established the department's Twitter and Facebook page before turning it over to PIO. After seeing a need to share intelligence within the department he began the daily situational awareness briefs. Senior Corporal Ortega often is an integral part of many investigations assisting detectives within and outside the department.

Senior Corporal Johan Ortega also is a Cigar shop owner and spends his off duty time running the business. Senior Corporal Ortega has received 34 plus commendations including Prestonwood Rotary Club Officer of the Month, Certificate of Merit and a Secret Service Commendation.

For these reasons Senior Corporal Johan Ortega is February 2018 Cops' Cop and was nominated by Senior Corporal Delia Castro and Sergeant Desiree Webb.



March Stephen Prince



Senior Corporal Stephen Prince was hired in 2007 and assigned to Southeast Patrol. Senior Corporal Prince then continued to expand his career and was then assigned to the Metro Unit and now is currently a detective in the Robbery Unit. Senior Corporal Prince volunteers his time assisting the cook team, Santa Cops and is the accountant for Santa Cops and is active in his church. He also helps his dad with the family business when he can.

Senior Corporal Prince is a big asset to the Robbery Unit, he often works late leaving no lead unturned. He is passionate about doing his job and doing it correctly and to the fullest extent. When he is often swamped with his own work, he's still willing to help others with their own cases.

Senior Corporal Prince is dedicated, loyal to his wife Jessica and doesn't compromise his faith and work. Senior Corporal Prince has received 72 plus commendations along with 6 Certificate of Merits, 1 Civic Achievement Award, and Nominated for Rookie of the Year and Officer of the Month.

For these reasons Senior Corporal Stephen Prince is March 2018 Cops' Cop and was nominated by Senior Corporal's Meagan Mulvihill, Larry Jones and retired Sergeant Ross Salverino.



April Miles Sheerin

Senior Corporal Miles Sheerin was hired in 2007 and started his career at Northeast Patrol, then Metro and now currently assigned to the Fugitive Unit. Senior Corporal

Sheerin is married to Sara Sheerin who works at Northeast patrol on 1st watch and is the father of 2 daughters, Hunter and Reagan.

Senior Corporal Sheerin volunteers his free time helping with the Crimes Against Children's Conference, ATO Golf Tournament, Clay Shoot and any other event with the Dallas Police Association. Senior Corporal Sheerin also volunteers with Santa Cops each year.

Senior Corporal Sheerin is not only good at putting "bad guys" in jail he also helps other officers; many often call on Senior Corporal Sheerin to assist them.

Senior Corporal Sheerin has over 40 commendations including a Certificate of Merit and the Medal of Valor Award.

For these reasons Senior Corporal Miles Sheerin is April 2018 Cops' Cop and was nominated by Senior Corporal Omar Figueroa and Sergeants Katie Campbell and Richard Forness.

CONGRATULATIONS

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First Vice President



Officer Involved Shootings!!!

By Frederick Frazier

If you've been here awhile you have seen a fair share of officer involved shootings (OIS). Many of you, like myself, have been in them. It's NOT easy on your mind, body, and especially your loved ones.

What happens directly after an OIS and the days following? First, make sure everyone is safe and accounted for and then make notification to the DPA attorneys (214) 747-6839. We have the very best in the state. They do their best to rush over as quickly as possible.

Next step is up to you, but we recommend using a companion officer. The waiting period during the formal investigation, compounded with isolation, is a mind freak. Time comes to a standstill. The companion officer will at least help keep your mind at ease with other topics and communicate that you are ok.

When the attorney(s) show up at the scene, they handle everything. Follow their instructions and don't speak to anyone about the shooting.

As you go through the steps and procedures, you can be assured that everyone involved will be professional. Please give them the same courtesy and refer everything to your attorney.

Now the hard part - getting back to work. Much debate has gone into this. A self-poll of our officers showed that most agreed to follow the general orders and get back to work. The longer you are out will play havoc on your mind in many ways.

According to our general orders, much like Houston, we follow a simplified schedule to make sure you are ready to return to work.

SCHEDULE:

- Three visits to the City's Counslers
- One visit to RBT
- One visit to range to get re-qualified

Then you go back to work. When to get back to work or not to go back has been the recent argument.

STRESSORS:

#1 Financial stress!

- No overtime
- No extra jobs

#2 Perception

This triggers (no pun intended) emotions. Why he or she is not back at work? What do your peers think happened? Did the department think you did something wrong? Let's not forget to mention – how will the public perceive the incident? If your neighbors are anything like mine they are nose. If they see you milling around your house for weeks, the rumors may start to fly!

I want to emphasize something. These are not only my thoughts, but from the many I have actually interviewed in person or over the phone.

The majority opinion was to get back to work quickly! There will always be exceptions. It will depend on the severity of the incident. We are not all built the same and that is why the safe guards are in place.

Remember...

Three visits to the shrinks - One to RBT - Range day - Done.

If you show any signs of stress, typically more time off will be granted. A healthy officer is a productive officer!

In closing, I want to add a few things. Police shootings are NOT as frequent as in the past. That is a good thing. But when they happen, we all need to be prepared to step in and help that officer(s). It's our duty.



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Second Vice President



Just When You Think You Covered All Your Bases

By Beth Sundquist

My dad has been in a nursing home for the last several years due to Alzheimer's and Dementia. Before he deteriorated to the point of no return. He made me medical and durable power of attorney along with executor to his estate upon passing.

The bank was kind enough to inform me that I needed to be on his account as a joint person. Just not a cosigner... This helps when he passes, and the bank doesn't accept power of attorney until after probate... This helps pay his bills until after probate.

We thought we had everything in place. Including long term care insurance (nursing home insurance).

I attempted to keep his house as long as I could, but eventually it had to be sold. I was lucky enough to find a buyer who offered a great price for the house in its current condition. I left the electricity and water on, paid the insurance and mowed his grass while I slowly cleaned it out.

Finally, it was time to sale. Excited to have one less burden and no more trips to the other side of the metroplex for me.

But then the headache really began. The title company which is a reputable company refuses to accept the power or attorney and asked for the will since I had siblings. Once I complied they called and said they couldn't accept it without my sibling's signatures, even though I had full financial responsibility in the power of attorney and the will and the money was going into my dad's account. Then I was asked if I had guardianship of my dad. Of course not, never thought I would need it. I have power of attorney and it is stated in his will. And yes, I did consult an attorney before and after this.

The title company said they got burned last year on a similar sale and now the house is vacant and, in the courts, trying to determine ownership. I completely understood but what a headache.

So now, I had to track down my siblings driving to old locations that my dad had written down as addresses. Luck was on my side, it only took me a weekend.

Based on my experience.

If you can get Long Term Health Care Insurance do so!! Worth it in the end.

If you are a power of attorney/executor of a loved one's estate add yourself to everything before it's too late.

Bank accounts

Deeds

Safety deposit boxes

Car Titles

If it is in their name and needs to have a signature to sell - add yourself!!

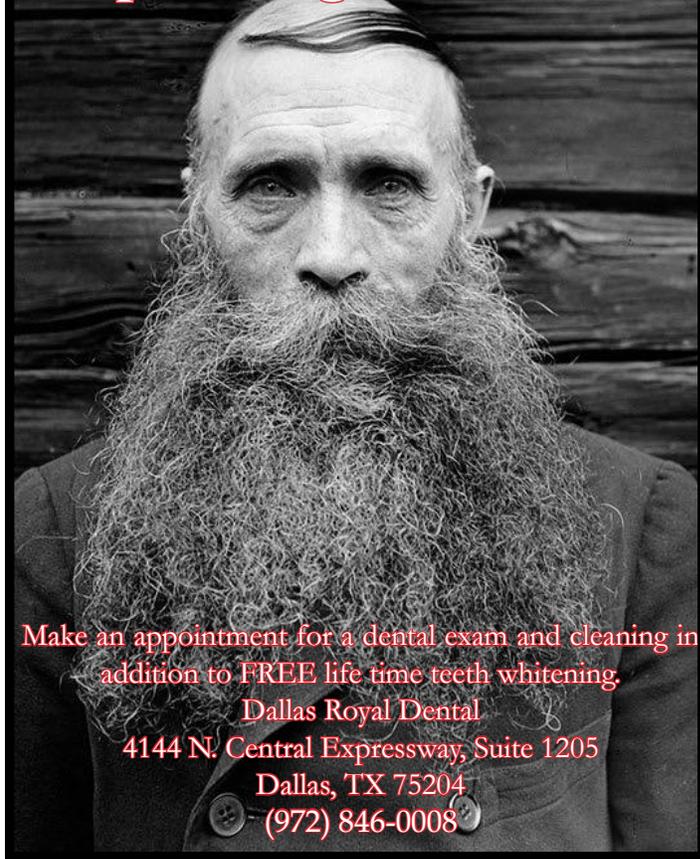
If you have multiple siblings and each sibling is willed something separate (not divided) transfer it to their name. If it needs to be equally divided, ensure each sibling is named. Otherwise the named sibling may have to pay inheritance tax depending on how it is worded.

Moral of my story - contact an attorney! I thought I had my ducks in a row and quickly realized I did not!

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Third Vice President



**Stay Ready So You Don't
Have To Get Ready**
by Jaimie Castro

I'd like to start this article by first thanking all of you for your hard work. I realize times are hard with shortage of manpower, but you're finding a way to get it done. I know you don't like it and neither do I, but it speaks volumes about our character as Dallas police officers. We all know that when it rains it pours. We have several major Events in Dallas and with summer fast approaching. I know we are all busy and having to work long hours, but we need to make the time to take care of ourselves and stay ready. Doing taser certification and pistol qualifications, I came across several horror stories of how many officers have failed to keep their equipment properly maintained. Everything from missing triggers, dead batteries to inoperable duty weapons. With events like the NRA national convention, the NFL draft, Police Week, Byron Nelson PGA and all our law abiding teenage citizens who hit the streets for the summer. WE NEED TO STAY READY! Remember ..we are short of manpower Code 3 cover isn't around the corner like it used to be. Please take the time to function check and clean your equipment. Check the expiration dates on your mace and gas mask canisters. What about this one ..where's your tie for the police memorial? What about one for the detectives that haven't been on the streets in a while.. are your handcuffs rusted shut? I wouldn't ask if I hadn't seen it!..LOL . I don't need to continue.. you get the point.. we are all adults. Everyone please stay safe out there especially during events and take care of each other and watch each other's backs!!

STAY FROSTY HOMIES!

UPCOMING EVENTS

June 23rd - Bags For Badges
May 27th & 28th - Carry The Load
September 21st - ATO Golf Tournament



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Our Primary Investment Objectives are Income, Capital Preservation and Growth.



Jerry Hast
Sr. Partner,
Investment Advisor

Jerry Hast has been in the investment/pension fund industry for 37 years. Jerry was a previous Administrator of the Dallas Police and Fire Pension System. During his tenure, the System's assets grew from \$56 million to \$719 million and saw the funded liability grow from seventeen cents to over sixty cents for every dollar of liability owed. Since he left the pension fund industry, he has been successfully helping individuals with their personal investments.



Jennifer Lander
Partner,
Investment Advisor

Jennifer Lander has been working in the personal financial industry for 5 years. She has already helped many people in their financial journey. Before changing into the personal financial industry, she worked in corporate America for 15 years. There she was able to learn what it takes to be a successful company which has helped her in guiding her clients in the right direction.

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Birth Announcements



Grayson Luke Renfro was born to parents **Senior Corporal Kellie Renfro** (Northeast) and husband, Shaun on December 22, 2017. He weighed 8lbs. and 6 oz.



Lieutenant Mark Harris (Jail) and wife, Yvonne welcome their new grandson Carson Harris Yunc on December 28, 2017. He weighed 7lbs. 15 oz. and 21.5 inches.



Harper Adaline Hogan was born to parents **Police Officer Barry Hogan** (Northeast) and wife, Rachel on February 21, 2018. She weighed 6lbs. Harper's great grandfather was the late **Corporal Dan Carpenter** and her aunt is **former Dallas Senior**



Senior Corporal Jeremy Arnott #7833 (Southeast) and **Senior Corporal Julie Arnott #7998** (Personnel) welcomed their new son, Nathan Andrew Arnott on February 9, 2018 at 9:31 pm. He weighed 8 pounds and 6 ounces, 20 inches. Nate joins his three brothers: Ryan (12), Jay (9), and Jack (4).



Hadley Rose Elizondo was born to parents **Detective Ernesto Elizondo** (Internal Affairs) and wife, Jennifer on January 15, 2018. She weighed 7lbs. 13 oz. and 20 ³/₄ inches.



Sergeant Frederick Mears #8602 (Property) and wife, DeTrece welcome their new daughter, Madisyn Rayne Mears. She weighed 6lbs and 11 oz. Madisyn joins sister Amya Mears (16) and brother Nathan Mears (12).

Have a birth to announce in The Shield? Call 214.747.6839 or email info@dallaspa.org for a submission form. All announcements must be received by the 15th to be included in the following month's magazine.

This Crap Isn't Normal

I was talking with a friend last week after Officer Santander was murdered. My friend, as we all were, was in shock and just kept say "this shit isn't normal". We talked about the civilian world and how we have no idea how to be "normal" anymore because the police world is so not normal....

It's not normal to have worked at a place for 18 yrs now and have buried 13 Brothers...

Or to sit in detail next to your friend or have dinner with them at work or answer a call with them and then, in a blink of an eye they are gone, never to return, never getting to say goodbye.

Or go to your workplace after madman shot the place up and was looking to kill you or your friends. To walk into your workplace every day knowing that you are a target.....

It's not normal to have to sit with your back to a wall, watching the door, as you try to eat and watching for the attack to walk in.

How about its not normal to cover officers on a call, have one of the officers get shot, watch has his teammates drag him out of the house, as the shooting is still going on and lay that officer down at your feet. And then you look at who it is, and it is a classmate, someone you know and love.

It's not normal to have to sit across from the killer that just murdered a Brother and have to remain the professional but inside you are screaming.

To having endure the pain of losing a member of the Blue family and be expected to process it and get back to serving the public as they need you, all the while wondering who will help you.

It's not normal to lose one but to lose 5 at one time is almost unbearable. We have lost 6 in a year and half, that's 6 too many.

It's not normal to go to the funerals of the fallen and have to have members of SWAT protect you as you try and grieve your loss.

Or respond to the scene of an accident where 4 teenagers wrapped a mustang around a tree and watch as the grey matter seeps from one kids head and then have your trainer so "well, let's go to the next call".....there's no time to process that so you carry it with you.

It's not normal to literally be led by the hand

From The Field

of God to the back of an apartment complex, find a woman being stabbed, multiple times by her husband closed apartment, where you just followed the sign and listened for the screams. You arrest the monster and look around and your sign from God is gone but the lady is alive. You can't image the heartbreak of listening the wails of a grieving mother who was just told that her son would not make it. That sound will keep you up for nights.

It's not normal to hear the gunfire and run towards it, hoping and praying it's not your day but if it is then you are good with God.

Can't be normal that as terrifying and heartbreaking as this job can be you can't even imagine doing anything else. We do this job to serve the public but what keeps us coming in each day is each other.

My heroes are the DPD officers that have stayed behind, that are doing the tough work for no pat on the backs, horrible pay, shitty benefits but at least we can still call ourselves Dallas Police Officers...we are fighting the good fight and we truly are warriors. We aren't doing it for the pay we actually are doing it for the love of the job.

We will never understand the civilian world as civilians will never understand the Police world...and that's ok.

Police Officers aren't normal. But we wouldn't want to be any other way.

RR#7876



Fourth Vice President



No Longer Suffering in Silence

By Anthony Andujar

I know this subject is not easy to talk about, but I feel it is important that we all look out for each other and help each other if, and when we can.

In the past month and a half, we have lost three coworkers to health-related issues, and one more to suicide. Now I am not a doctor or mental health expert, but I know what I have seen in my time with the department, and I have seen it way too often! I have personally known far more officers that have taken their own lives than have been taken from a suspect. I have also known far, far more officers that have suffered from cancer or heart disease and died either on duty or just shortly after retirement. This career takes a huge toll on our mental and physical health! We have all heard it before. It is nothing new and we probably even know some of the statistics. Police officers have higher rates of divorce, alcoholism, suicide, heart attacks, cancer and the list goes on and on.

Many books, studies, and articles have been written about the topic. Recently I came across the term, "Vicarious Traumatization." What is Vicarious Traumatization (VT)? Is it like Post Traumatic Stress Disorder (PTSD)? Well, kind of, in that it is a convenient way to label a group of symptoms. Most of us are familiar with PTSD since it has been around for a long time. A long time ago, before it was called PTSD, it was known as "Shell Shock". The label was assigned to veterans after World War II and for many years associated with soldiers dealing with war trauma. As we now know, it is not just soldiers that suffer from PTSD. People who have survived all types of trauma can suffer from PTSD and is now associated with anyone who has been through, and survived, a traumatic event.

Vicarious Traumatization is associated with, and affects the people who deal with and treat other people who have suffered a traumatic event. Unfortunately, we as first responders are on both sides of this coin. Not only are we from time to time involved in a traumatic life or death event, far more often than not we are dealing with and helping people who have been traumatized. How we deal with the trauma we are directly

involved with and the vicarious traumatization that we carry with us has dramatic effects on our mental and physical health.

Now, I didn't write this article to educate everyone on the differences between the two. I just wanted to give a little background and to really talk about how we can better take care of ourselves. As I stated above, I have seen, as I'm sure you have, too many friends suffer from the side effects of this job. We all need to do a better job of taking care of ourselves and looking out for each other.

So what can we do to take care of ourselves better? The first, most important thing is awareness. We must be aware that we are on both sides of the coin. Heads or tails, we are at risk. The most obvious and simplest thing we can do for ourselves is proper diet and exercise. Again I am no doctor, but I would guess that 80% of most health related issues could be resolved or at least reduced by proper diet and moderate exercise. It is not rocket science - eating a proper diet along with moderate exercise will make you feel better by releasing endorphins that reduce stress, lower blood pressure and improve your mood.

Along with diet and exercise is a proper work, life balance. The three things that go into the balance are; work, rest, escape and play. We have heard it from the first day at the academy: "Don't let this job eat you up!" "Have hobbies outside of this job!" "Don't take this job home with you!" We have all heard this or something similar, but are we living it? Do we get enough rest? Do we ever escape this job? Do we play enough with our children, spouses, friends or family? I don't know the answer you came up with in your head but if I am completely honest with myself I would have to say no! We are all human, we all get caught up in the "rat race". The important thing is to recognize it and adjust appropriately take stock and reevaluate from time to time.

With all the above being stated, sometimes we just need outside help. Diet and exercise can only do so much. Work, life balance is good but not a cure all. Let me ask you this, if your car developed a funny rattle and you checked the tires, checked the fluids, looked under the hood and still couldn't find the source of the rattle, would you take it to a professional to have it checked out? If you developed a cold, would you take some over the counter medicine and

maybe try some home cures like grandma used to swear by? If the symptoms persisted would you go to a doctor to check it out? Sometimes we all need a professional to check it out. There should be no shame in taking care of yourself if you are feeling down or depressed, or if things just don't seem to be going right for you at home or work or both. Maybe your family life is a mess and you can't seem to get it on track. If people ask you, "Hey, are you ok? You just don't seem like yourself!" "You seem to have a lot on your mind?" Would you talk to someone? Maybe talk your spouse, partner or a close friend. If that didn't seem to help would you take yourself to a professional? Why not? Because of the stigma of a mental health checkup? There is no stigma with taking your car to the professional mechanic or the professional doctor. Then why do we have a stigma for a professional mental health checkup? We all need some help from time to time. There is no shame in admitting that. I myself have benefitted from counseling more than once. We should all be able to hold our head up and say, "Hey I need some help!" We should also be looking out for each other. When we identify someone who just seems to be struggling lend an ear or be able to suggest some resources to help that person before it is too late.

What resources are available? The Department offers Psychological Services counseling program that is free and confidential. The ATO provides Professional counselors as well. It is absolutely free

of charge and 100% confidential and available for all officers. I have used both counseling services more than once for various issues. I know several other officers who have as well.

In the last month or two Christine Bush wrote an article about the Employee Support Program (ESP). To be completely honest this is a program that I knew very little about until just recently. In the next couple of months I, personally will be going through this program just to get a better understanding of what it is all about and what it can offer. But I will tell you this, it is a program put in place to help officers before it is too late. I know Christine Bush and I know her passion for this program comes from her passion for helping and doing what's right for police officers. I look forward to going through the program and reporting back what I have learned.

The bottom line is there should be no shame in getting help for yourself and your family. Don't let the stigma hold you back from getting the help you may need. Get help early and don't let the issues get out of control. It may take more than one session. You may have to try different counselors to find the right fit. You might have to go again and again until you get it right. Don't give up on yourself!

We are all we have. We have to look out for one another! We must all do better to take care of each other! Let's fix it before it is broken!

As always take care of each other and be safe out there.

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Easter Egg Hunt

KEVIN JAMES SPORTING CLAY SHOOT

Breaking Clays For A Good Cause by Kevin Campbell

Lots of clays were broken and a good time was had by all on March 30, 2018 at the Second Annual Kevin James Clay Shoot at the Elm Fork Shooting Sports Center. This year was a complete sell out, it started the same as last year, coffee, breakfast, time to peruse the many raffle items and a brief welcome from Kevin Janse, the Chairman of the Kevin James Endowment. This was followed by a safety briefing that sent the shooters to their carts and one of the 2 courses, where shooters would enjoy 13 stations and 100 clay targets.

After the shooting stopped and the smoke cleared, participants were treated to a BBQ lunch that was prepared by the famous Double 6 Cook team, one last chance to drop their raffle tickets and try out the shotgun golf game. We ended the day with the raffle winner's announcements, highlighted by selecting the winners of the three gun raffle and the winner of the Glock 42, for closest to the pin at the shotgun golf game.

The grand finale was the announcement of the three top shooters in the Men's, Women's, First Responder and Youth categories. First Place in each category was awarded to, First Responder's, Guy Curtis, Men's, Casey Vansant, Women's, Crystal Allison and Junior's Braden Bishopp. I was honored to have Braden Bishopp on my team and it was a pleasure to watch that young man break those clays.

The Kevin James Clay Shoot was a huge success, but it would not have been possible without the numerous sponsors, the help of the committee, all the volunteers and especially the DPD Spouses. I would like to personally thank everyone that came out to shoot, just hang out, paid for sponsorships and those that helped make it happen. We cannot wait until next year, watch The Shield and the Kevin James Clay Shoot Facebook page for the announcement of the 2019 date, you won't want to miss it.







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Your Health



Here Comes The Sun!... And The Sneezing

by Amber Myers, PharmD
Community Pharmacist
communitypharmacist@gmail.com

Happy Spring! We welcome it every year after the grey, cold days of winter and celebrate the new season by spending more time outdoors. And with those beautiful days of sunshine comes the rise of flowers, grasses, and tree blooms. While it looks pretty, it can wreak havoc on your immune system.

Do any of you suffer from seasonal allergies? You may chuckle and say, "Who doesn't? It's Dallas!" Ever since I moved here, I've heard that same thing- that this area of Texas is the worst spot for allergies. And, it doesn't help we live in a major metroplex where pollution is higher. Spring not only ushers in plant allergens, but we also tend to do some Spring Cleaning this time of year. There are many things to be allergic to, and of course, it doesn't have to be just spring time. Some common allergens are pollen, dust, mold, animal dander, mouse feces and cockroaches (in the home), insect stings, and environmental pollutants. With all these allergens coming at you, what should you do to avoid them?

A very basic answer is to literally avoid the trigger to your allergies. If it is to dust and mold, clean and dry the area. If it is to animal dander, yup, don't have pets in the home. If it is to pollen, stay inside with the windows and doors shut.... wait, what? That sounds horrible. What else can be done?

You can take antihistamines like Claritin (loratadine), Zyrtec (cetirizine), or Allegra (fexofenadine) to decrease the body's response to the allergen. This can be helpful to reduce a runny nose, itchy, watery, red eyes, and mucous production. Histamine isn't a bad neurotransmitter for you body, it just gets a little out of control during allergy season. While they do provide some relief, they won't cure the problem. If you know what your allergen is, work with the situation to reduce your symptoms. One of the biggest triggers for allergies in the home is having carpet. If you've ever replaced carpet in a home, you've seen the build-up that hangs

out between the carpet and the padding. You are breathing that in every day so no matter your allergy, it's probably stuck in between all those piles of carpet.

Sometimes, something simple like using a saline nasal spray or pot to clean your nasal passages is all you need. You clean the nasal hairs off of your allergen, and the bodily response calms down. You can also replace the air filter in your house with a higher grade HEPA filter to contain loose particles in your house.

I'm personally a fan of antihistamine/anti-inflammatory products containing Stinging Nettle and Quercetin. I'll have a video on my Facebook page over a specific product we use at the pharmacy but if you can't find it, you can ask your health food store for something similar.

Some No-No's to remind you of is that if you have high blood pressure, you should not take any antihistamines containing pseudophedrine. This is labeled as "D" products for decongestion. This can cause blood vessel constriction, which you do not want with high blood pressure. Also, do not take this if you are pregnant or nursing.

Find me on Facebook if you have questions and stay safe out there!!

HAPPY SPRING!!



People

Our Deepest Sympathy

The family of Ms. Julie Beth Wheeler, mother of **Police Officer Phillip Wheeler** (Southwest).

The family of **Retired Sergeant William Stanley, #1847**. Sergeant William Stanley retired June 15, 1992 after 29 years of service.

The family of Ms. Marcia Sue Varner, Mother of **Senior Corporal David Willey** (Northeast).

The family of **Retired Corporal Edmund Kozlovsky, #1306**. Corporal Edmund Kozlovsky retired March 8, 1983 after 26 years of service.

The family of Mr. Antonio Mosqueda, Grandfather of **Lieutenant Irene Alanis** (Personnel & Support) & Grandfather-in-Law of **Sergeant Albert Alanis** (PIU).

The family of **Retired Sergeant John M. Mays, #2189**. Sergeant John M. Mays retired November 11, 2000 after 35 years of service.

The family of Mr. Jesus Aranda, Father of **Sergeant George Aranda** (Gang).

The family of Mr. Raymond Scahill, Father of **Senior Corporal Kevin Scahill** (Property).

The family of **Police Officer Richard Harding, #7399**. Police Officer Richard Harding passed away February 25, 2018, off duty. He served the city for 21 years (Central).

The family of **Senior Corporal Edward "Chris" Gilliam, #5639**. Senior Corporal Edward "Chris" Gilliam passed away March 9, 2018, off duty. He served the city for 30 years (Traffic).

The family of **Sergeant Tammy Huel, #6487**. Sergeant Tammy Huel passed away March 15, 2018, off duty. She served the city for 27 years. (Southwest).

The family of Mr. Ed Stanley, Father of **Police Officer Jerry Stanley** (Southwest).

The family of Ms. Susan Townsend, Mother of

Sergeant Kay Hughbanks (Southwest).

The family of Mrs. Julie Stewart, Mother of **Police Officer Byron Stewart** (Northeast).

The family of Mr. Larry Philips, Grandfather of **Police Officer Jesse Philips** (Northeast).

The family of Mr. Joe Sepeda, Uncle of **Police Officer Mia Alvarez** (South Central).

The family of **Retired Sergeant Charles H. King, Jr. #1964**. Sergeant Charles H. King, Jr. retired July 3, 2002 after 38 years of service.

The family of **Retired Sergeant Milton R. "M.R." Jarvis, Jr. #2913**. Sergeant Milton R. "M.R." Jarvis, Jr. retired January 20, 2001 after 30 years of service.

The family of Mr. Cecilio Vasquez, Jr., Father-in-Law of **Police Officer Diego Ortiz** (South Central).

The family of **Retired Corporal Daniel Carpenter, #2283**. Corporal Daniel Carpenter retired January 20, 1999, after 31 years of service. He is also the Grandfather-in-Law of **Police Officer Barry Hogan** (Northeast).

The family of **Retired Senior Corporal Jeff Chappell, #2470**. Senior Corporal Jeff Chappell retired May 31, 1989 after 21 years of service.

The family of **Retired Corporal William Perry, #3275**. Corporal William Perry retired August 23, 1995 after 23 years of service.

The family **Retired Police Officer John "JP" Hollingsworth, #1580** retired March 10, 1981, after 21 years of service. He is the Father of **Retired Senior Corporal Al Hollingsworth, #3850**.

The family of Dr. Fred Colby, Father-in-Law of **Sergeant James Decker** (Narcotics).

The family of Danae Deltoro, Mother of **Police Officer Christopher Deltoro** (CBD).

The family of Mr. Alan Potts, Brother of **Senior Corporal David Potts** (Narcotics).

The family of Mr. Sean Winters, Son of **Lieutenant Steve Winters** (Financial).

Thank You

Thank you for the beautiful flowers. We celebrated our mother's life.

Pat, Bart, Sean, Tom Burke, Marge Visser & Anne Kelly

Thank you from Jesus E. Martin, Arleen Martinez, Paul & Melba Turbyfill. With sincere thanks from the Alejandro Martinez family.

Thank you for the beautiful plant at my father's funeral.

Kevin Scahill

The kindness of friends like you is helping the Stewart family through this difficult time.

Thank you for your thoughtfulness.

Byron, Byron Jr. & Emily

Thank you so much for sending the beautiful plant to my father's memorial service.

Your thoughtfulness meant so much!

Jerry Stanley & Family



Family

We Are Still Appreciated!

By Kevin Janse



In these trying times on the department, it's often hard to find any good in doing this job. Why do more

than the bare minimum? Why go the extra mile for these citizens that often subject us to criticism while leaving us with little to no recourse or rebuttal only to demand that we simply press on without protest or appeal?

Why? Because there are still good people in this city! People that truly care about us as a person and not just a servant. A prime example came to light on January 26, 2018 when a \$500 donation was sent to the Assist the Officer Foundation from a citizen wanting to commend and thank an officer.

Detective Rick Waller works as a property crimes Detective at the Northwest Patrol Station and was tasked with investigating a theft offense that Mrs. Theresa Riggs filed. Unfortunately, this was more of a civil issue than a criminal one but Detective Waller still looked into the matter even though he didn't have to.

Mrs. Riggs had entered into an agreement with a company to house \$25,000 worth of furniture while her house was being built, only to be informed by the company owner that the furniture was not in their possession anymore.

A simple visit from Detective Waller to the storage company produced the furniture and Mrs. Riggs was able to retake possession of it. Obviously a civil matter, yet Detective Waller "went the extra mile" and made a citizen's day. His actions brought recognition to the department and an always appreciated gift to the Assist the Officer Foundation.



Have something you'd like to see in The Shield? Contact DPA at 214.747.6839 or info@dallaspd.org for more information on being a guest contributor.



*CO Brewer
May 24, 1892*



*William H. Riddell
June 17, 1892*



*William McDuff
Dec. 25, 1896*



*Leslie N. Patrick
June 13, 1901*



*T.A. Tedford
July 28, 1912*



*W. Roy Thornton
January 12, 1916*



*Leroy Wood
Feb. 07, 1922*



*Johnnie C. Gibson
April 19, 1923*



*John R. Crain
May 24, 1923*



*Dexter C. Philips
Aug. 11, 1923*



*Charles Swinney
June 21, 1925*



*Clarence M. Isbell
Feb. 4, 1926*



*Alex W. Tedford
Dec. 26, 1927*



*Sam G. Lanford
June 29, 1933*



*Jesse E. Griffin
Dec. 28, 1933*



*Luke J. Bell
May 18, 1934*



*Ernest Leonard, Jr.
May 28, 1935*



*John W. Dieken
Aug. 10, 1935*



*John R. Roberts
Dec. 23, 1935*



*Ralph W. Hoyt
Feb. 10, 1937*



*Victor L. Morris
Sept. 15, 1941*



*Ernest Bates, Jr.
Dec. 5, 1942*



*Preston D. Hale
Feb. 12, 1947*



*William E. Stafford
Sept. 5, 1948*



*Johnny W. Sides
Feb. 7, 1951*



*Leonard Mullenax
Feb. 10, 1962*



*Ray Underwood
Aug. 27, 1963*



*J.D. Tippet
Nov. 22, 1963*



*Frank Bennett
Sept. 5, 1964*



*James D. Stewart
Nov. 12, 1967*



Floyd A. Knight
Dec. 8, 1968



Robert H. Shipp
Jan. 13, 1970



Johnnie Hartwell
Nov. 10, 1971



Allen P. Camp
March 25, 1972



Carl Cooke
May 2, 1972



Howard Hicks
June 23, 1972



Joe C. Jones
July 28, 1972



Levy McQuieter, Jr.
Aug. 17, 1972



Milton E. Whatley
Oct. 7, 1973



Donald P. Tucker
Dec. 13, 1973



Leslie G. Lane, Jr.
March 2, 1974



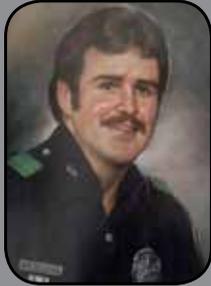
Alvin D. Hallum
Aug. 21, 1975



Alvin E. Moore
Nov. 13, 1976



Robert Wood
Nov. 28, 1976



John T. McCarthy
Feb. 25, 1981



Charles Maltese, Jr.
July 31, 1981



John R. Pasco
Jan. 16, 1983



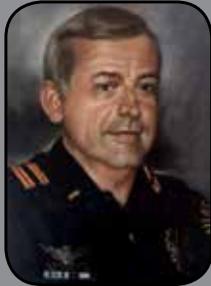
Carl J. Norris
March 2, 1983



Ronald D. Baker
May 2, 1983



James C. Taylor
July 24, 1984



Robert Cormier
July 24, 1984



Thomas L. Harris
July 20, 1985



Gary Blair
March 20, 1986



James A. Joe
Jan. 14, 1988



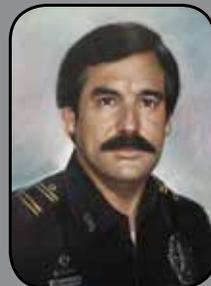
John G. Chase
Jan. 23, 1988



Gary McCarthy
Feb. 26, 1988



Walter Williams
Aug. 2, 1988



Lawrence Cadena, Sr.
Dec. 13, 1988



Lisa L. Sandel
Jan. 13, 1989



Mark L. Fleming
Jan. 14, 1989



*Michael Okelberry
May 6, 1990*



*Thomas Burchfield
May 6, 1990*



*Sunny M. Lov
Nov. 4, 1990*



*Lawrence Bromley
Dec. 11, 1991*



*Harold Hammons
Jan. 22, 1992*



*Billy Daugherty
Aug. 14, 1992*



*John P. Jones, Jr.
Sept. 3, 1992*



*Richard Lawrence
Nov. 9, 1993*



*David R. Galvan
Dec. 14, 1993*



*Thomas D. Bond
Dec. 13, 1994*



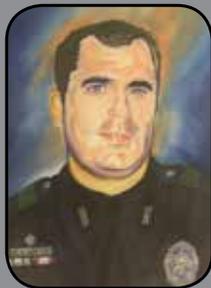
*Henry A. Brown
April 25, 1997*



*Harold Baird, Jr.
Aug. 19, 2000*



*Donald Flusche, Jr.
March 17, 2001*



*Christopher James
Nov. 25, 2001*



*Patrick Metzler
Oct. 23, 2002*



*Brian H. Jackson
Nov. 13, 2005*



*Mark T. Nix
March 23, 2007*



*Victor Lozada, Sr.
Feb. 22, 2008*



*Norman Smith
Jan. 6, 2009*



*Kevin Marceau
Jan. 14, 2011*



*Michael Smith
July 7, 2016*



*Michael Krol
July 7, 2016*



*Paticio Zamarripa
July 7, 2016*



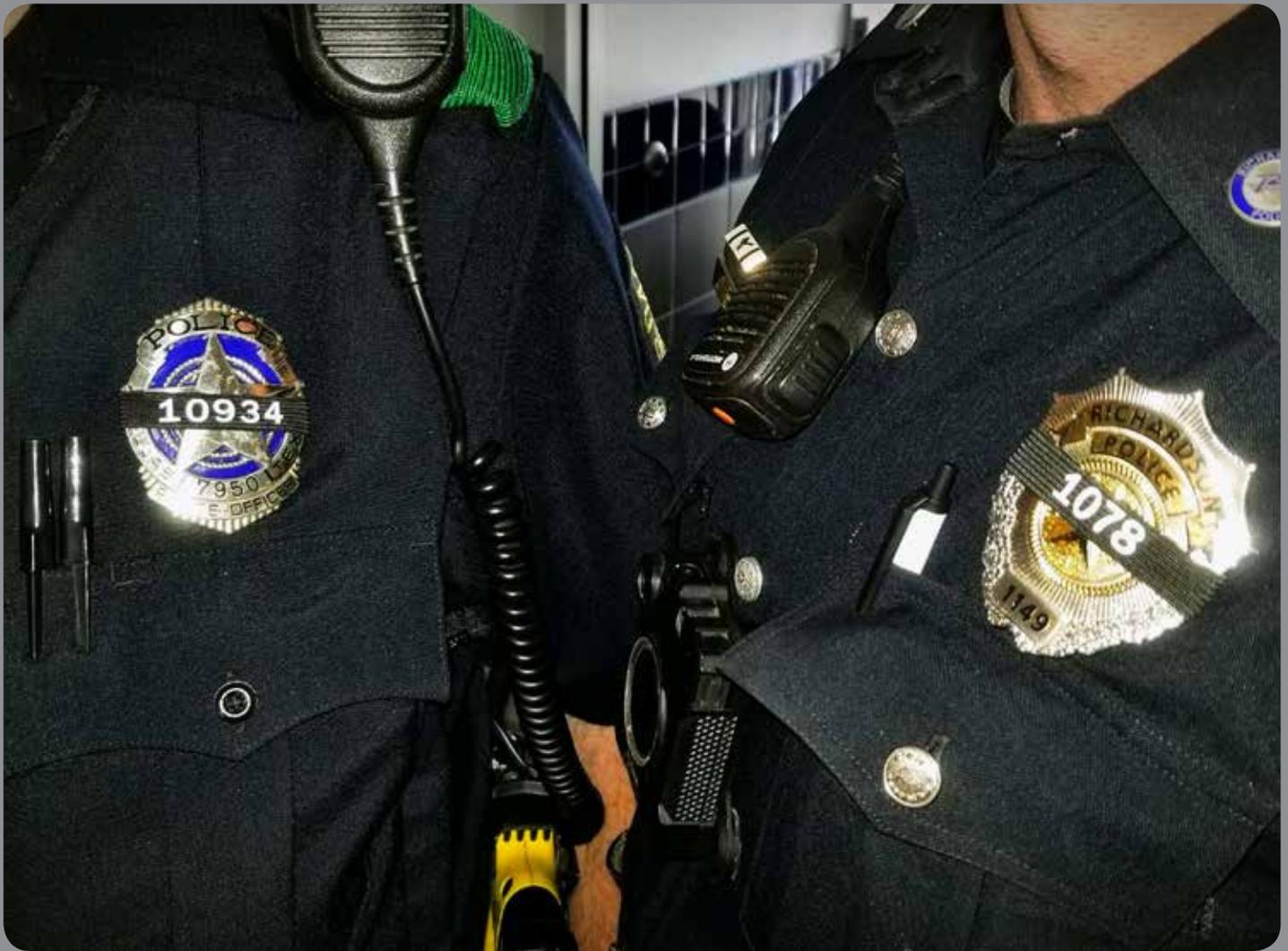
*Lorne Ahrens
July 8, 2016*



*Rogelio Santander
April 25, 2018*

Blessed are the
PEACEMAKERS.

Matthew 5:9



THE MOURNING BAND

This thing.....small...black....some are elastic...some are just tape....it's something that means so much, yet we only use it on those events. The mourning band. It is a symbol of loss, of tragedy....that someone we love...someone loved...is no longer with us. I wish I didn't know where mine was, but I have used it far too often lately. Not knowing where it is would be a wonderful thing as we had not lost a brother or a sister. But here ...I am placing it over my badge again ...I found it with such ease...I wish I couldn't find it. I wish it would be the last, such wonder that would be....but I know it never will be. There will be others ...they will fall. But there will be more. Those that will take up the oath, put on that shield and go where it could be their last day. So, I want to look past that little black band, that mourning band....and stand tall for the one who is wearing the badge that band is on. For we all do this for each other, our family, and strangers. Each day we put this shield on, knowing what could happen for those that love us and those that hate us and others who could care less. For we are that beacon, the rock in this raging ocean we call life. All we can do is live our life as honorable, as true, as faithful as we can. Until it is our time for the Lord to call us home. Until then I slide this little black band, so small around my badge. And again, place that shield on my uniform and go out to make what difference I can.

Michael Coggins
#10219

Business



DPA Board Minutes

February 2018

The Board of Directors, Dallas Police Association, met at the offices of the Dallas Police Association (referred to as "DPA"), 1412 Griffin Street East, Dallas, Texas 75215 on February 13, 2018 at 11:00a.m. The meeting was called to order by the President, Michael Mata. The following proxies were received: Taylor to White.

Minutes of the meeting.

- Invocation given by Lujan.
- The minutes of the January 9, 2018 Board of Director's meeting was presented to the board. *****MOTION***** by Figueroa seconded by Gordon to accept the minutes as presented. Motion passes, no opposition.
- Mata presented the February 2018 Cops' Cop Award to Johann Ortega.
- Mata discussed the decision made by the Dallas Civil Service Commission to invalidate the Sergeant Assessment portion of the promotional examination for sergeant. Discussion and questions.
- Mata discussed the reassignment of personnel from DPD headquarters to patrol assignments. Discussion and questions.
- The meeting was adjourned with no further business being discussed so the Board of Directors could attend the funeral for the murdered Richardson, Texas officer.

The Board Meeting was adjourned at 12:05 p.m., February 13, 2018.

The minutes of Dallas Police Association were duly recorded on February 13, 2018.

E.J. Brown

Recording Secretary

March 2018

The Board of Directors, Dallas Police Association, met at the offices of the Dallas Police Association (referred to as "DPA"), 1412 Griffin Street East, Dallas, Texas 75215 on March 20, 2018 at 11:14 a.m. The meeting was called to order by the President, Michael Mata.

The following proxies were received: Tharp to Gordon, Bowen to Turner, Taylor to White.

Minutes of the meeting.

- Marsh gave the invocation.
- The minutes of the February 13, 2018 Board of Director's Meeting was presented to the board. *****MOTION***** by Helms seconded by Clore to accept the minutes as presented. Motion passes, no opposition.
- Sundquist presented the March 2018 Cops' Cop Award to Stephen Prince.
- Mata discussed DPD promotions, may take place in April 2018 for the ranks of major, lieutenant and senior corporal. There will be a new assessment center for the past sergeants examination maybe in May or June. Discussion and questions.
- The new DPA website is being constructed. The website will be a complete site in which the membership can interact.
- Mata requested the Board of Directors approve the following nominations for appointment to the Board of Directors as non-voting members: Secretary/Treasurer, James Parnell; Recording Secretary, E.J. Brown; Chaplain, James Marsh; Director of Reserves, Steve Brody; Sergeants at Arms, Kevin Campbell, Phil Elliott, Joe Schutz. *****MOTION***** by Clore seconded by Castleberg to accept and approve the nominations as presented by Mata. Motion passes, no opposition.
- Frazier gave an update on the recent primary elections for Texas state offices. More information will follow in the next edition of The Shield.
- Janse, on behalf of member Jeff Price, made a solicitations request for the Dallas Defenders Football Club for a \$1,000.00 donation. *****MOTION***** by Lybrand seconded by Helms to donate from the Solicitations Account \$1,000.00 to the Dallas Defenders Football Club. Motion passes, no opposition.
- Member Schriver made a solicitations request on behalf of the DPD National Police Week Team for a donation to support their efforts during National Police Week in Washington, DC. Questions and discussion. *****MOTION***** by Castleberg seconded by Janse to donate from the Solicitations Account \$1,000.00 to the DPD National Police Week Team. Motion passes, no opposition.
- Schutz gave an update on the Dallas Police

and Fire Pension System. He stated all the information is available 24 hours a day, online at Dallas Police and Fire Pension System website. The Pension Board is seeking to hire a new Chief Financial Officer and Chief Investment Officer, in addition to a new General Counsel.

- Mata stated the US Federal Court lawsuit against the pension board was dismissed by the federal judge overseeing the case.

- The Kevin James Clay Shootout will take place on March 30th at Elm Fork Shooting Range.

- Carmen's Crawfish Boil will take place at the DPA on April 19th, the Desperado's Golf Tournament will take place on April 20th.

The Board Meeting was adjourned at 12:25 p.m., March 20, 2018.

The minutes of the Dallas Police Association were duly recorded on March 20, 2018.

Original Signed

E. J. Brown

Recording Secretary

April 2018

The Board of Directors, Dallas Police Association, met at the offices of the Dallas Police Association (referred to as "DPA"), 1412 Griffin Street East, Dallas, Texas 75215 on April 10, at 2018. The meeting was called to order by the Vice President, Frederick Frazier.

The following proxies were received: Lybrand to Janse, Myers to Lybrand.

Minutes of the meeting.

There was not a quorum present.

- Frazier discussed the meeting and presentation by the Dallas Police and Fire Pension System and the City of Dallas to the State of Texas Pension Review Board. Discussion and questions.

- Frazier discussed a recent meeting with Chief of Police Hall. She is considering 10 day shifts. Discussion by the board on polling the membership to determine if they support or oppose 10 hour shifts. Take home cars was discussed, there is still the 30 miles limit, discussed the pros and cons.

30 day administrative leave when involved in a shooting incident. The medical information does not support this period of time off for this situation. Discussion and questions.

Quorum was present at 10:33 a.m.

- Parnell presented the results of the run-off

election for North Central Director. Joe Meno won the election with a total of 38 votes total.

MOTION by Courson seconded by Janse to certify the results of the run-off election for North Central Director and the election of Joe Meno. Motion passes, no opposition.

- Parnell administered the Oath of Office to Joe Meno, North Central Director.

- The minutes of the March 20, 2018 were presented to the Board of Directors for approval.

MOTION by Turner seconded by Figueroa to accept the minutes as presented. Motion passes, no opposition.

- Parnell stated the Chief of Police will make the following promotions in May 2018; 5 to the rank of major; 11 to the rank of lieutenant, and 45-50 senior corporals.

- Parnell stated the City of Dallas ACM for public safety approached him seeking his opinion on negotiating a new Meet and Confer contract. Discussion, comments and questions.

Mata arrived from a meeting at Police Headquarters and is presiding.

- Parnell gave the financial report for the Dallas Police Association. Mata stated he has received comments on why the DPA had so much money in reserves. Mata reminded the Board they just finished a court case defending a member which cost over \$100,000. and this was one of the reasons the DPA has to have the cash reserves to defend a member.

- Upcoming events are as follows: Carmen's Crawfish Boil, April 19th ; Desperados Golf Tournament, April 20th; Memorial Luncheon at DPA, May 16th; Carry the Load, May 27th; and Bags for Badges, June 23rd.

The Board Meeting was adjourned at 11:00 a.m., April 10, 2018.

The minutes of the Dallas Police Association were duly recorded on April 10, 2018.

Original Signed

E. J. Brown

Recording Secretary

Dallas Police Association

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